

The Health Promotion Forum of New Zealand Incorporated - Runanga Whakapiki Ake I Te Hauora O Aotearoa is the national umbrella organisation for health promotion. The membership is over 150 organisations committed to improving Hauora, health and wellbeing.

We build leadership, relationships and the workforce in health promotion.

Our Vision

Hauora - everyone's right



Our Values and Purpose

Hauora is a taonga, a fundamental human right founded on respect for the mana and dignity of people.

We support everyone enjoying their right to Hauora by **building** health promotion **leadership, relationships** in the sector, and the skills and knowledge of the **workforce**.

For everyone to enjoy their right to Hauora, people need to be treated with fairness and respect, participate in decisions affecting their health, and live in a healthy environment. Some groups and communities have poorer health. The reasons include the effects of poverty and discrimination on health. We prioritise activities that will benefit people and communities who are least advantaged.

Our education and information services

We provide training and continuing education in health promotion for new and experienced health promoters and community workers. Please go to our website www.hauora.co.nz to learn more about our short courses, workshops and symposia.

We provide information using several channels, including our website, our newsletters, *Hauora* and *Rongo Korero*, and *Keeping Up To Date*. We also facilitate networking and informed debate.

Please contact us to go on our mailing list for information about training, emails, newsletters, and *Keeping Up To Date*.



How your organisation can join

The Health Promotion Forum is an incorporated society. Please go to our website www.hauora.co.nz for information about the benefits of membership.



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Who are health promoters? What is health promotion?

Health promoters work with communities, groups and organisations to improve health and wellbeing and prevent people getting sick or dying from avoidable causes. Health promoters work in community organisations, primary health care, Public Health Units, District Health Boards, local and central government, schools, universities, and other places.

The health promotion workforce is growing. Many of those working in health promotion have had less access to education and training opportunities than people in other parts of the health workforce. Many people who use, or would like to use, health promotion approaches work as volunteers, have not been seen as part of the health promotion workforce, and have had few opportunities for training in health promotion.

Health promotion is a discipline within public health, a framework to improve health that can be used by communities and people throughout and

beyond the health sector, and an approach to social justice and social change. Health promotion is committed to Te Tiriti o Waitangi, improving the underlying conditions that affect health, and social equity.

Approaches to health promotion that are especially relevant are the World Health Organisation's Ottawa Charter, Te Pae Mahutonga, and TUHA-NZ. More information is on our website www.hauora.co.nz



Hauora: Takoha Mai. Takoha Atu.



Hauora With your effort and our effort we will overcome all odds. With your gifts and our gifts we will achieve great success.



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Health Promotion Forum of New Zealand