



Runanga Whakapiki Ake I Te Hauora O Aotearoa Health Promotion Forum of New Zealand

Rongo Korero o Hauora

November 2008

E-news Bulletin 1

About Rongo Korero O Hauora

Rongo Korero O Hauora is an e-news bulletin from the Forum. Its purpose is to inform you of health promotion events, issues and training opportunities as they happen. It will also alert you to new releases and research. Rongo Korero is a companion publication of our main newsletter, Hauora, which provides a detailed analysis and report on news and issues. Enjoy Rongo Korero. Your feedback and input is most welcome; Helen Rance, Editor.

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Issues and News

Closing the gap in a generation: Health equity through action on the social determinants of health, Commission on Social Determinants of Health - Final Report

"(The) toxic combination of bad policies, economics, and politics is, in large measure responsible for the fact that a majority of people in the world do not enjoy the good health that is biologically possible," the Commissioners write in Closing the Gap in a Generation: Health Equity through Action on the Social Determinants of Health. "Social injustice is killing people on a grand scale."

"The Commission found evidence that demonstrates in general the poor are worse off than those less deprived, but they also found that the less deprived are in turn worse than those with average incomes, and so on. This slope linking income and health is the social gradient, and is seen everywhere – not just in developing countries, but all countries, including the richest. The slope may be more or less steep in different countries, but the phenomenon is universal."

The news release provides a concise summary at

<http://www.who.int/mediacentre/news/releases/2008/pr29/en/index.html>

Key messages have been distilled from the WHO report New Zealand and Pacific examples have been given in some places. Gay Keating PHA

<http://www.pha.org.nz/documents/SDHmessagesNZPacific.doc>

The Executive Summary and Final Report can be found at http://whqlibdoc.who.int/publications/2008/9789241563703_eng.pdf

The **Executive Summary** is the first 31 pages of the report.

The WHO Commission on Social Determinants of Health

http://www.who.int/social_determinants/en/

Healthy South 2008-12

A plan for building South Island wide capability to improve the health of populations.

The plan has been commissioned by the Ministry of Health and South Island DHBs. It has been developed following wide sector engagement and reflects a synthesis of sector views. Synergia (consultants) encourage you to provide feedback as organisations and as individuals by Monday 17 November.

To obtain an email copy of the document or to send feedback contact: admin@synergia.co.nz

Queries can be directed to Paul.stephenson@synergia.co.nz.

HPF South Island Reference Group

The HPF is guided and governed by a Board and a range of committees. Among these are four Reference Groups being Māori, Pacific, Academic and the newest the South Island Reference Group. A fifth 'Primary Care' Reference Group is being established.

The following people have accepted invitations to form the inaugural South Island Reference Group. Sue Price, Invercargill; Fran Kewene, Dunedin; Trevor Simpson, Timaru; Annie Davey, Freedom Preston-Clark (Chair), and Kathy Culshaw Christchurch.

The purpose of the Group is to promote and support health promotion leadership, to provide a voice for health promotion in the South Island and to provide high level advice to support the achievement of the HPF Strategic Plan.

HPF Constitution

At a Special General Meeting on 7 October the HPF membership passed the amended constitution. This is the culmination of years of work and input from a lot of people. The constitution can be found [here](#).

New HPF Website

The new look [HPF is now on line](#). Whilst some pages are still under development it contains lots of interesting information, resources, events and training data base. HPF staff will continue to add more content over the next few months. Enjoy the colour and easy navigation and we welcome your feedback.

Strategic Pay 2008 Not-for-Profit Sector, Remuneration Survey: Results Out

Mana Mahi - Newsletter of the Workplace Wellbeing Project [Issue 3, Winter 2008](#)

This year's Strategic Pay Survey of Remuneration in the Not for Profit Sector was based on an analysis of 4,215 employees representing 148 organisations and 81 job categories. The key finding of the survey is the size of the pay gap between our sector and the broader employment market." Issue no. 3, includes several articles related to pay and remuneration.

For more info about the Workplace Wellbeing Project or to inquire about hosting a Workplace Wellbeing workshop, contact Conor Twyford cre.project@gmail.com

Every Child Counts Policy

He Mana tō ia Tamaiti/ Every Child Counts is a coalition of community groups and individuals working to improve the status and wellbeing of New Zealand children. They have identified '5 Steps to Making Every Child Count' and these can be found in The Every Child Counts Policy Overview and can be downloaded at www.everychildcounts.org.nz

Atlas of Socioeconomic Deprivation in New Zealand NZDep2006.

DHB Maps and background information including how NZDep is calculated (30 Jun)

The purpose of maps is to reveal the socioeconomic landscape generated by the New Zealand Index of Deprivation 2006 (NZDep2006).

The background section includes information on the theory of deprivation, details concerning NZDep2006, the methods used to create this atlas, a brief discussion of the problem of confusing NZDep with the underlying reality, a discussion of ethical issues related to mapping NZDep, information about how to carry out longitudinal analyses that compare NZDep scores across different censuses, and information to assist in the interpretation of the maps. [Atlas of Socioeconomic Deprivation in New Zealand NZDep2006 \(30 Jun\)](#)

Charities Commission Update - September 2008

If you'd like to read the newsletter on the website or print it, please visit:

<http://www.charities.govt.nz/news/updates/september-2008.htm>

Charities Commission Annual meeting - you are invited!

Venue: Loaves and Fishes Hall, Wellington Cathedral, cnr Hill and Molesworth Streets, Thorndon, Wellington - **Time:** 1.30pm to 4.30pm - **Date:** Thursday 27 November 2008

Does your software need upgrading?

The TechSoup NZ Programme assists charitable organisations by providing technology donations from Microsoft. Techsoup NZ is provided by Community Information Services Australia (CISA) in partnership with Techsoup and the New Zealand Federation of Voluntary Welfare Organisations. More than 300 non profit organisations have already registered while Microsoft has donated technology to 20 organisations, equalling over \$200,000 worth of software and hardware. To find out more or to register visit www.techsoup.net.nz

NGO Working Group Elections Update

Pacific Health - There is an existing vacancy for a 2 year term and nominations for this sub-sector are still open.

Disability Support - Election is in process. All organisations registered to vote in the Disability Support sub-sector will receive the voting information this week. Voting is open until 5.00pm 16 November 2008.

The October forum confirmed the following positions:

Mental Health - Kath Fox, Richmond New Zealand

Personal Health - Jackie Edmond, Family Planning

Public Health - Rachel Le Mesurier, New Zealand Aids Foundation

For more information about the elections contact Secretariat Muno Richards:

secretariat@ngo.health.govt.nz or **about the Working Group see website - www.ngo.health.govt.nz**

People on the move

Freedom Preston-Clark has returned to the mainland where she is Southern Development Manager, with the Mental Health Foundation in Christchurch. Contacts ph:(03) 353 6988 or email:

freedom@mentalhealth.org.nz

Freedom is of Ngati Kahu, Te Aupouri, Ngati Kuri, descent. She brings with her a background of over 14 years experience in youth and community development, including community liaison, mental health promotion and NGO management. Freedom has returned to Christchurch to continue her passion for working to improve health and wellbeing for all.

David Booth has also returned South. In October David joined Family and Community Services with the Ministry of Social Development, to fill the role of Regional Relationship Manager in Dunedin.

Viv Dalley is now the Smokefree Strategic Manager at Canterbury District Health Board. She is based at Community Public Health and can be contacted on ph: (03) 378 6815, mob: 021 397 580 or email: vivien.daley@cdhb.govt.nz

Kerry Price can now be found at the University of Auckland, Uniservices in the Medical and Health Team as Business Manager working with the School of Population Health. He can be contacted on phone: (09) 3737522 Extn:86567 or email: k.price@auckland.ac.nz

Events

Health Promotion Forum, Workshops Indigenous Rights and Health Promotion

Speaker: Moana Jackson (ngati Kahungunu, Ngati Porou)

19 November, Christchurch – Full – Registrations closed

4 December, Palmerston North – Registration is essential

Please contact sal@hauora.co.nz to register.

Other Events

'A Day with Mason Durie'

20 November 2008, Auckland

Organised by Professional Development Seminars - "This is the fifth year we have offered this course - It is always booked out and is an outstanding seminar." Website: www.pdseminars.co.nz

'An introduction to Maori and the United Nations'

21 November 2008 - 5.30pm to 7pm

The NZ Centre for Public Law and the Aotearoa Indigenous Rights Trust invite you and your crew to the launch of the DVD. This DVD has been created by the Aotearoa Indigenous Rights Trust to provide Maori with information about the UN, the history of indigenous peoples' participation in the UN, as well as explanations as to how Maori can use the UN to promote and protect their rights. See the website for more [information](#).

National White Ribbon Day

25 November 2008,

Is the international day when people wear a white ribbon to show that they do not condone men's violence towards women.

Website Link: <http://www.familiescommission.govt.nz/white-ribbon.php>

Movember

Why? Men lack awareness about the very real health issues they face. There is an attitude that they have to be tough - "a real man" - and are reluctant to see a doctor about an illness or go for regular medical checks.

Movember aims to change these attitudes and make men's health fun by putting the Mo back on the face of New Zealand men in support of two critically important causes: Depression and Prostate cancer. See the [website](#) for more information and help change the face of New Zealand men's health.

Training Opportunities

A New Health Promotion Qualification

Manukau Institute of Technology (MIT), Department of Nursing and Health Studies is offering a new qualification, the Diploma in Health Promotion commencing in March 2009. The diploma has been developed with the support of the Ministry of Health.

The Diploma in Health Promotion (Level 6, 120 credits) is an undergraduate qualification which will run part time over two years at MIT in Otago.

The Diploma in Health Promotion is suitable for people currently working in the health promotion field who have not previously had the opportunity to gain a formal qualification or those seeking to enter the health promotion workforce.

The aim of the diploma is to prepare students with the knowledge and practical experience that enables them to work as confident health promoters across diverse communities and settings. Graduates are prepared to develop their leadership potential and apply the theories, concepts, principles and values relating to health promotion in their practice. The Diploma in Health promotion will provide a qualification and career pathway for health promoters. Scholarships are being established.

If you would like to register your interest to receive more information about the Diploma in Health Promotion when it comes available please email [Gina Chen](#)

13th Public Health Summer School 2009

Update and Upskill yourself by attending one of these courses

University of Otago, Wellington School of Medicine

9-27 February 2009

Courses range from workshops to 2-5 day courses. See the website for details including the full range of topics, and enrolment information.

<http://www.otago.ac.nz/wsmhs/academic/dph/summerschool/index.html>

Unitec Graduate Diploma in Not-for-Profit Management 2009

“Are you currently working in the not-for-profit sector? The Graduate Diploma in Not-For-Profit Management is designed for managers and co-ordinators of not-for-profit organisations, team leaders, volunteers and board members. The only qualification of its kind, it directly addresses the complexity and unique challenges of managing in the not-for-profit sector compared to a business or government department.”

The 2009 prospectus should be available soon, [see the Unitec website](#)

Editor - Helen Rance with input from the HPF Operations team.

Contacts Helennr@hauora.co.nz, ph:03 544 6829 or HPF ph 09 520 3714.